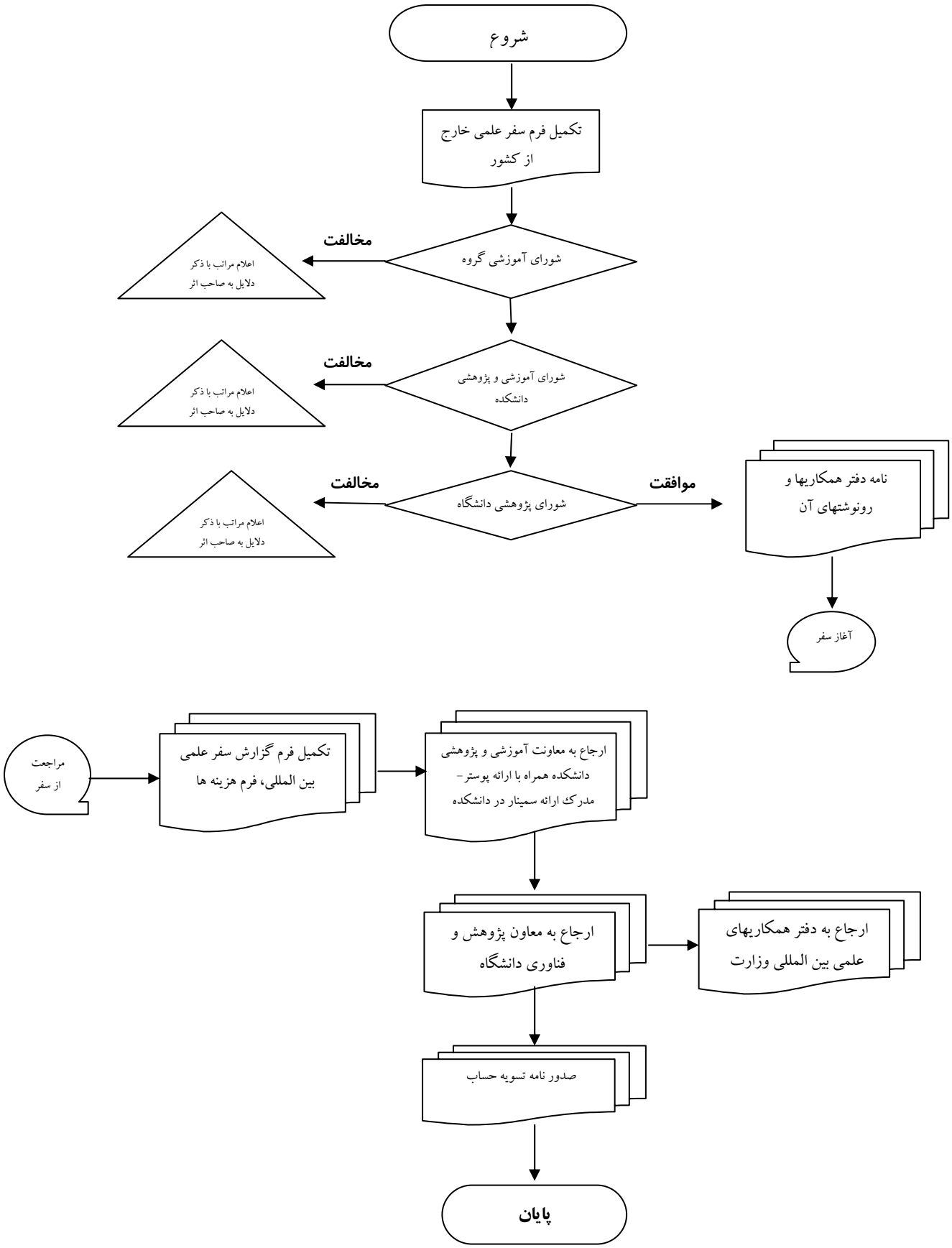فرآیند سفر علمی خارج از کشور